



CERTIFICATE OF COMPLETION

This is to certify that

Hegan Sedlacek

HAS SUCCESSFULLY COMPLETED THE PROGRAM ENTITLED:

*Catching Up:
Strategies For Children
Who Experience Early Adversity*

Presented By: Mary Dozier, Ph.D.

Date: November 14, 2005

Credit Hours: 6.0

Bert Powell, Workshop Coordinator

Marycliff Institute

807 W 7th Ave

Spokane, WA 99204

Approved by the National Association of Social Workers for 6.0 contact hours. Provider ID 886437900. Valid for Washington State Licensed: Marriage and Family Therapists, Mental Health Counselors, and Social Workers.

Catching-up: Attachment Strategies For Children Who Experience

RATIONALE FOR SEMINAR

Mary Dozier's ground breaking research and work in early intervention has made her a central figure in the national and international attachment community. Because of her clear and captivating presentation style, Dr. Dozier has become a highly sought after presenter around the globe.

In this seminar, Dr. Dozier will present research evidence supporting her intervention strategy for children who have experienced early adversity. She will give an overview of the specific intervention she has developed, focusing upon the key dynamics of children who have experienced significant adversity. She will then discuss the implications of how these children tend to push their caregivers away.

Mary Dozier's intervention is designed to help caregivers develop three essential strategies. First, caregivers learn to re-interpret children's inclination to push away. This helps caregivers both manage their own feelings and behaviors and respond to children's underlying needs.

Second, caregivers learn to provide nurturing care even if it does not come naturally to them. Mary will discuss her research on the state of mind of those in the helping professions. By acknowledging and addressing the often ignored truth that caring for difficult children can cause parents and clinicians to struggle, her intervention helps caregivers "over-ride"

their own issues so that they can provide nurturing care.

Third, babies and toddlers who experience early adversity are often dysregulated at behavioral and biobehavioral levels. Her intervention helps caregivers create controllable interpersonal worlds for children so that they can develop regulatory capabilities.

Mary will explore the application of this intervention for parents, foster parents, adoptive parents, and professionals, as well as looking at policy implications. She will also describe her protocol for teaching parents and foster parents the three intervention components in a 10-session sequence.

GOALS OF THE WORKSHOP

1. Identify challenges facing young children who have experienced adversity
2. Understand the importance of attachment for infants and toddlers
3. Understand the neuroendocrine system's response to stress
4. Learn intervention strategies to help parents re-interpret children's behavioral signals
5. Learn intervention strategies to help parents, foster parents and professionals "over-ride" their own struggles

with
Mary Dozier, Ph.D.

Dr. Mary Dozier has written dozens of scientific articles in her quarter century of research in child development. Her lectures, presentations, and workshops have been enthusiastically received by national and international audiences. She received her Ph.D. in clinical psychology from Duke University in 1983 and subsequently completed an internship and post-doctoral fellowship at St. Elizabeth's Hospital in Washington, D.C. For the last 10 years, Mary has studied the many facets of foster care, including the challenges faced by children, foster parents, and caseworkers in the foster care system. She has developed an intervention designed to enhance relationships between children and their caregivers. Mary was promoted to Professor at the University of Delaware in 2003 and was named Amy E. Dupont Chair of Child Development in 2004.

